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**For additional information regarding programs and activities for Johnson City ISD find us on the web at:**  
<http://johnsoncity.tx.schoolwebpages.com>

**For curriculum information and grade-level Texas Essential Knowledge and Skills (TEKS):**  
<http://www.tea.state.tx.us>

## Johnson City ISD Alcohol and Drug Awareness Education Activities



**2015-2016**

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*A publication by Johnson City ISD for  
Drug and Alcohol Resistance Training  
(DART)*

*On target to keep our students  
alcohol and drug free!*

For additional information contact  
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## **LBJ HIGH SCHOOL**

**Biology and Anatomy & Physiology Courses** - Curriculum includes health contraindications of alcohol and drug use.

**Speech/Health Course** – Speech course utilizes Flippen Teen Leadership curriculum with lessons directly addressing peer pressure, self-responsibility, making good personal choices, leadership, other. Health course with TEKS from the Texas Education Agency which address general student health and specifically drug and alcohol awareness.

**Advisory Period STAT lessons (Students and Teachers As a Team)** - 30 minutes per week in small group setting of grade-level cohorts; lessons include self-responsibility, decision-making, alcohol and drug education, goal setting, other.

**School assemblies** - each year addressing personal values and self-responsibility in choosing an alcohol and drug free lifestyle.

**Targeted lessons** - for students prior to Prom to emphasize safety and making good choices on Prom night.

**Information available** - through announcements about community youth activities that are alcohol and drug free, as permitted by Board Policy.

**98% of students** - involved in extracurricular programs which promote responsibility, character and leadership.

**Mandatory Drug Testing** – for High School/Middle School students participating in High School extracurricular programs and students requesting parking permits.

**Extra-Curricular Policy** - addresses alcohol, tobacco and drug use.

**Posters** - in hallways and restrooms which address drug use.

**Videos** - available in counselor’s office for students, staff and parents.

**Drug dog searches** - periodic, unannounced.

**Eagles In Service Volunteer Program** - promotes community service and encourages productive use of non-school time.

## **LBJ MIDDLE SCHOOL**

**Character Traits Lessons** - (Respect, fairness, responsibility, caring, trust, citizenship) all lessons teach decision making skills and how to make good choices. The focus is on a different trait every 6 weeks.

**Say Boo to Drugs Halloween Dance** – School dance where students can wear costumes and we show students how we can have fun without doing drugs or drinking alcohol.

**Extra-Curricular Policy** - addresses alcohol, tobacco and drug use.

**Posters** - in hallways and restrooms which address drug use.

**Videos and books** - available in counselor’s office for students, staff and parents.

**Drug dog searches** - periodic, unannounced.

**Lessons on dangers of smoking and tobacco use and decision making** - Health TEKS Texas Essential Knowledge and Skills (TEKS) taught during target and PE classes for 5<sup>th</sup> graders.

**Lessons on the consequences of alcohol use and decision making** - Health TEKS taught during target and PE classes for 6<sup>th</sup> graders.

**Project Alert Curriculum** – 7 lessons on alcohol, tobacco, marijuana, peer pressure, refusal skills, and decision making during Target for all 7<sup>th</sup> graders; Health TEKS taught during science and PE classes for 7<sup>th</sup> graders.

**Career lessons** - refusal skills and consequences of alcohol use; alcohol and decisions you make can affect your career; Health TEKS taught during science and PE classes for 8<sup>th</sup> graders.



## **LBJ ELEMENTARY SCHOOL**

**Weekly Guidance Classes** — The elementary counselor conducts weekly guidance classes for each grade level. The lessons focus on Character Counts, respecting our bodies, personal health, making good choices, the effects of drugs (prescription, over the counter, and illegal drugs) on the body, drug and alcohol awareness, being a positive leader, self-respect, and self-esteem.

**Health Lessons**—The K-4 health lessons follow the Texas Essential Knowledge and Skills (TEKS). The standards include drug and alcohol education / awareness, refusal skills, decision making skills, peer pressure, and the harmful effects of drugs and alcohol on the body.

## **DISTRICT-WIDE ACTIVITIES**

**Red Ribbon Week** – celebrated each year with high-interest lessons regarding the dangers of alcohol, tobacco and drug use.

**Individual Counseling**—Individual counseling is available for students on each campus through the school counselor. K-Star is an additional counseling resource for students and families.

**Drug and Alcohol Resistance Training (DART)** – District-wide program in cooperation with Johnson City Police Department; four strand approach includes staff training, parent training and student training.

**Drug Test Kits available** – the fourth strand of the DART programs provides access to Drug Test kits, available through JCISD and JCPD for home use at no cost. **Contact any campus office or the Johnson City Police Department at 830-868-0995 for more information.**