STUDENT HEALTH PROTOCOLS

- Please send students to the nurse, or send for the nurse (for an emergency) if any of the following complaints or observations are present:

  - Any possible eye injuries
  - Apparent eye irritation or infection
  - Bites: Human, animal (needs to be reported), insect (if it appears unusually red, swollen, infected, etc.)
  - Asthma
  - All nose bleeds
  - Possible head injuries
  - Possible abdominal, back, or neck injuries (do not move student)
  - Lacerations
  - Burns
  - Vomiting
  - Suspicion of head lice
  - Respiratory distress
  - Any injury causing damage to teeth or any potential need for dental care
  - Fainting
  - Rashes or possible skin infections
  - Suspected elevated temperature
  - Anything that you feel should be seen of feel is an emergency

- Please use your judgement on the following:

  **Headaches**- Please send students if they complain of moderate or severe headaches or if they appear to be ill (ex. Pallor to skin, vomiting, difficulty with classwork, etc.)

  **Sore throat**- Please send students if they complain of an extremely sore throat, and do not seem to feel well. If they know that their throat is sore due to allergy or sinus problems they should bring cough drops to school.

  **Scrapes**- For minor scrapes student can wash them with soap and water on their own, then apply a bandaid. If the students presents with a deep cut or bleeding please send them to the nurse.

  **Injuries to limbs**- Please send students if injured area is swollen, painful, or with decreased range of motion (or if you feel that these conditions may occur).
Previous wounds or injuries—Please send students only if healing appears delayed or if signs of infection (redness, drainage, increased temperature to area, or increased pain) are present.

- In some situations the students may need to call their parents to bring medications of their choice for headaches, menstrual cramps, cold symptoms, coughing, nausea, etc. There may also be some situations in which students may need to lay down and rest.
- School employees should not PROVIDE any medication to students. If a student requires medication during school hours the medication, along with a note from the parent, must be given to the nurse. All medication should be in the original container and labeled appropriately.
- If a student requires a medication on a routine basis, that student’s physician and parent must complete the “Permission to give Medication” form.

Some additional suggestions:

It is very important that students bring notes letting me know that they have permission to be out of class. A student from middle school or high school should be sent to the office where they are given permission to go to the nurse’s office.

A student should come to the nurse’s office alone unless the student is in need of assistance from the teacher or, when appropriate, another student. It is not necessary for other students to miss class simply to accompany another student.

When a student asks to go to the nurse, please assess the problem to make sure that it warrants a visit. (See Student Health Protocols).